## ABOUT THE CLUB ROYSTON BMX RACING CLUB

The Royston Rockets have qualified to be part of British Cycling's Club Development Programme known as Go-Ride. It is aimed at improving both young riders and clubs and focuses on volunteers and young members – improving coaching standards and increasing the number of young riders with access to coaching activities.

The Rockets have met certain criteria to enable the club to join the programme but along the way the club must continually work towards improving themselves and achieving 'best-practice'. In late 2009 the Rockets achieved the standards required to become a Go-Ride Clubmark Accredited Club which demonstrates the members commitment to improving their club.



One of the main criteria for Go-Ride Accreditation is for the club to have British Cycling qualified coaches. They have attended a course on Safeguarding and Protecting Children, they have a valid first-aid certificate, and are checked by the Criminal Records Bureau.



**The Club** - Go-Ride is designed for a club that is determined to improve their club activities and management. One of the benefits, alongside better administration, is that Go-Ride helps increase youth membership and acts as a beacon to show that the Rockets provide a supportive environment for young members.

**Riders** - Royston's Go-Ride club coaching activities are designed to introduce young people to BMX, so whatever your age or ability, there'll be something to suit your needs.

**Volunteers** - As with any club Royston Rockets rely on the hard work of our volunteers. These volunteers include; Coaches, Club Contacts, and Club Welfare Officers. As a Go-Ride club we are offered training for volunteers to help build a supportive environment for young people, in which they can enjoy their cycling.



**Families -** Go-Ride clubs have something to offer everyone. They offer opportunities to ride, regardless of your age and ability, and opportunities to volunteer.

There's something for the whole family.